

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY 2026			International Joke Day 1 9:30 Coffee & Current Events (B) 10:15 QFC Shopping \$\$ (L) 10:15 Seated Yoga (MR) 11:00 Guess the Founding Father or Colony (MR) 1:15 Walking Group (L) 2:30 Happy Hour: Joe Carolus 3:45 Word Puzzles (B) 6:00 Movie & Popcorn (MR)	Halfway Point of 2026! 2 7:30 Hungry Heros (DR) 9:30 Current Events w/Mike Gold 10:15 Yoga (MR) 11:00 What am I? (MR) 1:15 Book Club (MR) 2:15 Smitty Social (AR) 3:15 Flower Arranging (AR) 6:00 Movie & Popcorn (MR) Happy Birthday, Barbara W!	9:30 Coffee & Current Events (B) ³ 10:15 Scenic Drive (L) 1:15 Calendar Chat w/Marica (MR) 2:30 Happy Hour: Cabaret! 3:45 Penny Bingo! (AR) 6:00 Movie & Popcorn 	Independence Day! 4 9:30 Coffee & Current Events (B) 10:15 Exercise (MR) 11:00 4th of July BBQ! (PT) 1:15 Quincentennial Trivia! (MR) 2:30 Craft: Button American Flags (AR) 3:30 Mahjong w/Mike! (GM) 6:00 Movie & Popcorn (MR) Happy Birthday, Peggy!
9:30 Coffee & Current Events (B) ⁵ 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Walking Group (L) 2:00 Mariners vs Blue Jays (MR) 2:30 Trivia (AR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) ⁶ 10:15 Yoga (MR) 11:00 Celebrating Colonial Foods Discussion (MR) 1:15 Chef Chat w/Anthony (MR) 2:15 Walking Group (L) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 	Strawberry Sundae Day 7 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Yoga (MR) 2:30 Strawberry Sundae Bar (B) 3:40 Mariners vs Marlins (MR) 3:45 "Write Word" Game (MR) 6:30 Therapy Dog - Ruben! (MR)	Freezer Pop Day 8 9:30 Coffee & Current Events (B) 10:15 Winco Shopping \$\$ (L) 11:00 Trivia! (MR) 1:15 Freezer Pop Social (B) 2:30 Happy Hour: Jaeden Luke 3:45 Walking Group (L) 6:00 Movie & Popcorn (MR)	9:30 Current Events w/Mike Gold (B) ⁹ 10:15 Yoga (MR) 11:00 Who am I? (MR) 1:15 Walking Group (L) 2:15 Men's Social (AR) 3:15 Manicures (AR) 3:40 Mariners vs Marlins (MR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) ¹⁰ 10:15 Scenic Drive (L) 1:15 Lighthouse/Beach Walking (L) 3:30 Ice Cold Beer Social (B) 4:10 Mariners vs Rays (MR) 6:00 Movie & Popcorn	9:30 Coffee & Current Events (B) ¹¹ 10:15 Exercise (MR) 10:45 Great Mukilteo Dog Show (L) 1:10 Mariners vs Rays (MR) 2:30 Kohl's Shopping \$\$ (L) 3:30 Mahjong w/Mike! (GM) 6:00 Movie & Popcorn (MR) 
9:30 Coffee & Current Events (B) ¹² 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Walking Group (L) 2:30 Trivia (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Birthday, John A!	9:30 Coffee & Current Events (B) ¹³ 10:15 Yoga (MR) 11:00 Trivia (MR) 1:15 Cooking Demo w/Anthony (AR) 2:15 Bean Bag Baseball (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Birthday, Charles!	9:30 Coffee & Current Events (B) ¹⁴ 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:30 "Scams" w/Jamie Laliberte (MR) 2:30 Ice Cream Coffees (B) 3:30 Walking Group (L) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) ¹⁵ 10:15 Target & World Market Shopping \$\$ (L) 10:15 Seated Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (B) 2:30 Happy Hour: Country Jim 3:45 Town Hall w/Smitty (DR) 6:00 Movie & Popcorn (MR) 	9:30 Current Events w/Mike Gold ¹⁶ 10:15 Yoga (MR) 10:30 Coffee & Conversations w/Directors (B) 11:00 Birthday Lunch (PDR) 1:15 Book Club (AR) 2:15 Smitty Social (AR) 3:30 Flower Arranging (AR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) ¹⁷ 10:15 Scenic Drive (L) 1:15 Lighthouse/Beach Walking (L) 3:30 Flavored Lemonade Bar Social (B) 6:00 Movie & Popcorn	9:30 Coffee & Current Events ¹⁸ 11:00 Car Show! (PT) 2:15 Paint & Sip (AR) 2:15 Documentary (MR) 3:30 Mahjong w/Mike! (GM) 5:08 Mariners vs Giants (MR) Happy Birthday, Cheryl C! 
9:30 Coffee & Current Events (B) ¹⁹ 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:10 Mariners vs Giants (MR) 1:15 Walking Group (L) 2:30 Trivia (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	Man on the Moon Day 20 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Lunar & Space Trivia! (MR) 1:15 Walking Group (L) 2:00 "Space Race to the Moon" Documentary (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) 	Junk Food Day 21 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Yoga (MR) 2:30 Potato Chip Taste Test! (B) 3:30 Memory Lane Social (AR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) ²² 10:15 Trader Joe's Shopping \$\$ 10:15 Seated Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: R.X. "Bob" Bertoldi (DR) 3:45 Word Puzzles (B) 6:00 Movie & Popcorn (MR)	Ice Cream Cone Anniversary 23 9:30 Current Events w/Mike Gold 10:15 Yoga (MR) 11:00 When am I? (MR) 1:15 Ice Cream Cone Social (B) 2:30 Manicures (AR) 3:30 Walking Group (L) 6:30 Therapy Dog - Ruben! (MR))	9:30 Coffee & Current Events (B) ²⁴ 10:15 Scenic Drive (L) 1:15 Lighthouse/Beach Walking Group (L) 3:30 Italian Soda Social (B) 6:00 Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) ²⁵ 11:00 La Palmera Family Mexican Restaurant \$\$ (L) 2:00 Matinee (MR) 2:15 Everett Waterfront & Frozen Yogurt \$\$ (L) 3:30 Mahjong w/Mike! (GM) 4:15 Mariners vs Rangers 6:00 Movie & Popcorn (MR)
9:30 Coffee & Current Events (B) ²⁶ 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Walking Group (L) 2:30 Trivia (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) ²⁷ 10:15 Yoga (MR) 11:00 Guided Meditation (MR) 11:35 Mariners vs Rangers (MR) 1:15 Walking Group (L) 2:30 Trivia (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	Chocolate Milk Day 28 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Yoga (MR) 2:30 Chocolate Milk & Cookies 3:45 "Off the Wall" Social (AR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) ²⁹ 10:15 Whole Foods Shopping \$\$ 10:15 Seated Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: Pianist Mike Mansour (DR) 3:45 Word Puzzles (L) 6:00 Movie & Popcorn (MR)	International Day of Friendship 30 9:30 Current Events w/Mike Gold 10:15 Yoga (MR) 11:00 What am I? (MR) 1:15 Walking Group (L) 2:30 Cards for Hospitalized Children (AR) 3:30 Trivia (MR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) ³¹ 10:15 Scenic Drive (L) 1:15 Walking Group (L) 2:30 Margaritas & Mingling (B) 3:45 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	AMERICA'S 250TH ANNIVERSARY

All programming is subject to change. Please check daily schedule for most accurate information. **Items in bold - Please RSVP at front desk.**
 AR = Activity Room, B = Bistro, DR = Dining Room, PDR = Private Dining Room, MR = Media Room, TVL = TV Lounge, L = Lobby, FT = Fountain Terrace, GM - Game Room, \$\$ = Bring Money