

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						National Mahjong Day! 1 9:30 Coffee & Current Events (B) 10:15 Exercise (MR) 11:00 Calendar Chat w/Marica (MR) 1:15 Shopping: QFC \$ (L) 1:10 Mariners vs Twins (MR) 3:00 Mahjong w/Mike (AR) 6:00 Movie & Popcorn (MR)
2 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:10 Mariners vs Twins (MR) 1:15 Library Walking Group (L) 2:15 Trivia! (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	National Watermelon Day! 3 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Forest Hiking Group (L) 2:30 "Write Word" Game (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	Chocolate Chip Cookie Day 4 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Seated Yoga (MR) 1:30 Bible Fellowship (TVL) 2:00 Choc Chip Cookie Social (B) 2:30 Manicures (AR) 6:30 Therapy Dog - Ruben! (MR)	5 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Chef Chat w/Anthony (MR) 2:30 Happy Hour: Joe Carolus (DR) 3:30 Walking Group (L) 6:00 Movie & Popcorn (MR) Happy Birthday, Dawn!	A&W Root Beer Float Day! 6 7:30 Hungry Heroes (DR) 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 What Am I? (MR) 12:15 Smitty Social: Dick's Burgers! 2:00 Root Beer Float Social (B) 3:00 Book Club (MR) 6:30 Therapy Dog - Ruben! (MR)	7 9:30 Coffee & Current Events (B) 10:15 Exercise (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: Cabaret! (DR) 3:45 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR)	8 9:30 Coffee & Current Events (B) 10:15 Shopping: Safeway \$\$ (L) 1:15 Shopping: Home Goods \$\$ (L) 3:00 Mahjong w/Mike (AR) 6:00 Movie & Popcorn (MR)
9 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:10 Mariners vs Rays (MR) 1:15 Library Walking Group (L) 2:15 Trivia! (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Birthday Bill O!	10 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Bean Bag Baseball (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	11 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Seated Yoga (MR) 1:30 Bible Fellowship & Catholic Communion (TVL) 2:15 Italian Soda Social (B) 3:00 "Off the Wall" Social 6:30 Therapy Dog - Ruben! (MR)	12 9:30 Coffee & Current Events (B) 10:15 Shopping: Trader Joe's \$\$ (L) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: Janie Kelley (DR) 3:30 Word Puzzles (B) 4:05 Mariners vs Yankees (MR) 6:00 Movie & Popcorn (MR)	Wear Your Birthstone! 13 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Who Am I? (MR) 1:15 Walking Group (L) 2:15 Men's Social (MR) 2:30 Flower Arranging (AR) 6:30 Therapy Dog - Ruben! (MR)	14 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Walking Group (L) 2:30 Cooking Demo & Cocktails (B) 6:00 Movie & Popcorn (MR)	Hippie Day! 15 9:30 Coffee & Current Events (B) 10:15 Beach/Lighthouse Walking Group (L) 1:15 Craft: Tie Dye Tote Bags (AR) 3:00 Mahjong w/Mike (MR) 6:00 Movie & Popcorn (MR)
Tell a Joke Day! 16 9:30 Coffee & Current Events (B) 10:15 Exercise (MR) 11:00 Trivia! (MR) 1:15 Library Walking Group (L) 2:15 "Write Word" Game (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	Baby Boomers Recognition Day 17 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Forest Hiking Group (L) 2:30 Table Games (AR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Birthday, Bill D!	18 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Seated Yoga (MR) 1:30 Bible Fellowship (TVL) 2:00 Ice Cream Coffee Floats (B) 2:30 Manicures (AR) 6:30 Therapy Dog - Ruben! (MR) Happy Birthday, Polly!	19 9:30 Coffee & Current Events (B) 10:15 French Bakery & Lattes \$\$ (L) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (MR) 2:30 Happy Hour: Jaeden Luke (DR) 3:45 Town Hall w/Smitty (DR) 6:00 Movie & Popcorn (MR)	20 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Birthday Lunch (PDR) 1:30 Flavored Lemonade Bar (B) 2:30 Book Club (MR) 4:30 "Fresh Air, Sweet Moments, & a Slice of Life" Friends & Family Dinner (FT) Happy Birthday, Lenore!	National Senior Citizens Day! 21 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Beach/Lighthouse Walking (L) 3:30 Margaritas & Mingling 6:00 Movie & Popcorn (MR)	22 9:30 Coffee & Current Events (B) 10:15 Shopping: Fred Meyer \$\$ (L) 1:15 Paint & Sip (AR) 3:30 Mahjong w/Mike (MR) 6:00 Movie & Popcorn (MR)
23 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:10 Mariners vs Cubs (MR) 1:15 Library Walking Group (L) 2:15 Trivia! (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	24 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 "Write Word" Game (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	National Banana Split Day 25 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Seated Yoga (MR) 1:30 Bible Fellowship (TVL) 2:15 Banana Split Social (B) 3:30 Beanbag Baseball (MR) 6:30 Therapy Dog - Ruben! (MR)	Cherry Popsicle Day 26 9:30 Coffee & Current Events (B) 10:15 Shopping: Town & County \$\$ 10:15 Yoga (MR) 11:00 Trivia! 1:15 Popsicle Social (B) 2:30 Happy Hour: David Little (DR) 3:45 Walking Group (L) 6:00 Movie & Popcorn (MR)	National Red Wine Day 27 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Who Am I? 1:15 Red Wine Tasting (B) 2:30 Manicures (AR) 3:45 Walking Group (L) 6:30 Therapy Dog - Ruben! (MR)	Full Sturgeon Moon 28 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Beach/Lighthouse Walking (L) 3:30 Piña Colada Iced Drinks (B) 6:00 Movie & Popcorn (MR) Happy Birthday, Marty!	29 9:30 Coffee & Current Events (B) 10:15 Exercise (MR) 11:00 Lunch Outing: Kabob Korner - Mediterranean Food \$\$ (L) 1:15 Forest Walking Group (L) 2:15 Trivia! (AR) 12:07 Mariners vs Blue Jays (MR) 3:00 Mahjong w/Mike (MR) 6:00 Movie & Popcorn (MR)
30 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Library Walking Group (L) 2:15 Trivia! (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	31 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Forest Hiking Group (L) 2:30 Bean Bag Baseball (MR) 3:30 Penny Bingo (AR) 3:45 Mariners vs Red Sox (MR) 6:00 Movie & Popcorn (MR)	August 2026				

All programming is subject to change. Please check daily schedule for most accurate information. **Items in bold - Please RSVP at front desk.**
 AR = Activity Room, B = Bistro, DR = Dining Room, PDR = Private Dining Room, MR = Media Room, TVL = TV Lounge, L = Lobby, FT = Fountain Terrace, GM = Game Room, \$\$ = Bring Money