

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Yoga (MR) 2:15 Table Games (AR) 3:30 Penny Bingo (AR) 6:30 Therapy Dog - Ruben! (MR) Happy Birthday, Paige!	9:30 Coffee & Current Events (B) 10:15 Thrifting! \$(L) 10:15 Yoga (MR) 11:00 Trivia! 1:15 Chef Chat w/Anthony (MR) 2:30 Happy Hour: Joe Carolus (DR) 3:30 Walking Group (L) 6:00 Movie & Popcorn (MR) Happy Birthday, Edie!	7:30 Hungry Heroes 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Who Am I? 1:30 Book Club (MR) 3:00 Flower Arranging (AR) 4:00 Smitty Social! - Happy Hour at Anthony's! \$(L) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Calendar Chat w/Marica (MR) 2:30 Happy Hour: Cabaret! (DR) 3:30 Penny Bingo! (AR) 6:00 Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) 10:15 QFC Shopping \$(L) 1:15 Paint & Sip (AR) 3:00 Mahjong w/Mike (MR) 6:00 Movie & Popcorn (MR)
9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Library Walking Group (L) 2:15 Trivia (MR) 3:30 Penny Bingo (AR) 6:00-Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Learn About Labor Day (MR) 1:00 Crochet & Knitting Group (MR) 1:15 Forest Hiking Group (L) 2:15 Jobs - Would You Rather? (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Labor Day	Star Trek Day 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Yoga (MR) 2:15 "Write Word" (MR) 3:30 "Off the Wall" Social (AR) 6:30 Therapy Dog - Ruben! (MR) Happy Birthday, David!	9:30 Coffee & Current Events (B) 10:15 Shopping: Trader Joe's \$(L) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: Country Jim (DR) 3:30 Word Puzzles (B) 5:20 Seahawks vs Patriots (MR) Happy Birthday, Dominick!	9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Who Am I? 1:15 Walking Group (MR) 2:15 Men's Social (MR) 2:30 Manicures (AR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Lighthouse Walking Group (L) 3:00 Margaritas & Mingling (B) 6:00 Movie & Popcorn (MR) Lighthouse Festival	
Assisted Living Week 13 Shining Through the Years & National Grandparents Day! 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 11:00 Golden Beginnings Brunch 1:30 Table Games (AR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	Through the Decades 14 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 "My Life in Decades" Wall (DR) 2:15 "Write Word" (MR) 3:30 Penny Bingo (AR) 5:00 The Emmy Awards (MR)	Timeless Talents 15 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 "Teach Me Something" (AR) 2:00 Resident "Exhibit of Works" Art Walk (MR) 3:30 Share Your Favorite Recipes to Make a Community Cookbook! (B) 6:30 Therapy Dog - Ruben! (MR)	Shining Stars 16 9:30 Coffee & Current Events (B) 10:15 Shopping: Fred Meyer \$(L) 10:15 Yoga (MR) 11:00 Thank You Cards to Staff (B) 1:15 Red Bull Bar for Staff (B) 2:30 Happy Hour: Jaeden Luke (DR) 3:45 Town Hall w/Smitty (DR) 6:00 Movie & Popcorn (MR) Happy Birthday, Urbain & Sandra!	Community Connections 17 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 10:30 Coffee & Conversation with Community Directors 11:00 Trivia (MR) 1:15 Book Club (MR) 2:15 Smitty Social! (AR) 5:00 Pizza Night & Bingo Friends & Family Dinner 6:30 Therapy Dog - Ruben! (MR)	Legacy of Light 18 9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Lighthouse Walking Group (L) 2:30 Italian Sodas (B) 4:00 Luminary Walk & Wisdom Sharing (MR) 6:00 Movie & Popcorn (MR)	Shine On 19 9:30 Coffee & Current Events (B) 10:15 Hobby Lobby\$(L) 1:15 Sparkling Clean Walker Wash 2:15 Trivia (MR) 3:30 Mahjong w/Mike (AR) 6:00 Movie & Popcorn (MR)
9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Library Walking Group (L) 1:25 Seahawks vs Cardinals (MR) 2:15 Trivia (AR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	World Alzheimer's Day 21 9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Cooking Demo w/Anthony (AR) 2:15 Forest Hiking Group (L) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Birthday, Fran!	AUTUMN Season Begins 22 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Yoga (MR) 2:15 "Write Word" (MR) 3:30 Cozy Hot Cocoa Bar (B) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) 10:15 Shopping: Town & Country \$(L) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: Steve Mason (DR) 3:30 Word Puzzles (B) 6:00 Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Birthday Lunch (AR) 1:15 Walking Group (L) 2:30 Manicures (AR) 3:30 Flower Arranging (AR) 6:30 Therapy Dog - Ruben! (MR)	9:30 Coffee & Current Events (B) 10:15 Scenic Drive (L) 1:15 Lighthouse Walking Group (L) 3:00 White Wine Tasting (B) 6:00 Movie & Popcorn (MR)	Harvest Moon 26 9:30 Coffee & Current Events (B) 10:15 Walking Group (L) 11:00 Lunch Outing: Lombardi's Italian Restaurant \$(L) 2:30 Craft: Pumpkin Stick Art (AR) 6:00 Movie & Popcorn (MR)
9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Bible Study (AR) 1:15 Library Walking Group (L) 2:15 Trivia (MR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)	9:30 Coffee & Current Events (B) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:15 Table Games (AR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR) Happy Birthday, Cheryl B!	National Biscotti & Coffee Day 29 9:30 Coffee & Current Events (B) 10:00 Tai Chi (MR) 11:00 Trivia! (MR) 1:15 Coffee & Biscotti Social (B) 2:30 Walking Group (MR) 6:30 Therapy Dog - Ruben! (MR) Happy Birthday, Larry!	Women's Health Day Wear Pink! 30 9:30 Coffee & Current Events (B) 10:15 Shopping: Whole Foods \$(L) 10:15 Yoga (MR) 11:00 Trivia! (MR) 1:15 Walking Group (L) 2:30 Happy Hour: RX Bob Bertoldi (DR) 3:30 Penny Bingo (AR) 6:00 Movie & Popcorn (MR)			

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All programming is subject to change. Please check daily schedule for most accurate information. **Items in bold - Please RSVP at front desk.**
 AR = Activity Room, B = Bistro, DR = Dining Room, PDR = Private Dining Room, MR = Media Room, TVL = TV Lounge, L = Lobby, FT = Fountain Terrace, GM = Game Room, \$\$ = Bring Money